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## Youth & Teen Programs

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### YOUTH TENNIS LESSONS

Come learn coordination, ball control, movement, footwork, forehand, backhand, serving and volleying. You must have your own age-appropriate racquet and wear sneakers. (Class times may be shortened as daylight allows for make-ups.) Instructor: Kristen Coker



Grades K-2	Thursdays	4:00-4:30pm	Frenchtown Courts	\$45	6wks	Course Code# FI0008
Grades K-2	Thursdays	4:30-5:00pm	Frenchtown Courts	\$45	6wks	Course Code# FI0009
Grades 3-5	Thursdays	5:00-6:00pm	Frenchtown Courts	\$60	6wks	Course Code# FI0010
Grades 6-12	Thursdays	3:00-4:00pm	Frenchtown Courts	\$60	6wks	Course Code# FI0011

Session I – September 10 – October 15, 2020

### LITTLE YOGIS

This playful class encourages self-expression. We combine simple yoga poses with engaging songs, games and stories that exercise social, sensory and motor skills while increasing flexibility. Must be potty trained. Bring a mat to class. Instructor: Raeann Boyd

Ages 3-5yrs	Wednesdays	2:15-3:00pm	Parks & Rec. Office	\$75	6 weeks	Course Code# FI0005
Session I	September 9 – October 14, 2020					Course Code# FII0005
Session II	October 28 – December 9, 2020 (NO 11/11)					



### TEEN YOGA

Through stretches and poses, teens will develop muscle tone and balance, utilizing proper breath and positions. Bring a yoga mat, towel and water to class. Instructor: Raeann Boyd

Ages 12-17 yrs	Wednesdays	3:30-4:30pm	Parks & Rec. Office	\$75	6 weeks	Course Code# FI0006
Session I	September 9 – October 14, 2020					Course Code# FII0006
Session II	October 28 – December 9, 2020 (NO 11/11)					



### FARM FRIENDS

Taking place at Historic Casey Farm in North Kingstown, RI. Each week children explore a different area on the farm, chickens, pigs, cows, vegetables, etc., through themed activities. Each class will conclude with a quick craft incorporating what the children learned that day! Parent Participation required. Instructor: Casey Farm Staff

Ages 3-6yrs w/parents	Wednesdays	10:00-11:00am	Casey Farm	\$60	10 weeks	Course Code# FI0013
Session I	September 16 – December 2, 2020 (NO 11/11, 11/25)					



### MESSY CRAFTS

Spend the afternoon creating art projects. Get your creative juices flowing as you glue, paint, cut, sculpt and more. Great for practicing fine motor skills and inspiring creativity. Please wear old clothes you are not afraid to soil or bring an apron. NO parent participation. Must be potty trained. Instructor: Parks & Rec. Staff

Ages 3-5yrs	Mondays	1:30-2:15pm	Parks & Rec. Office	\$40	8 weeks	Course Code# FI0014
Session I	September 14 – November 16, 2020 (NO 9/28, 10/12)					



### ARTISTIC MINDS

Enjoy some quality arts and crafts time. Each class participants build, create, experiment and use their imagination as they cut, paint, sculpt and construct a masterpiece! Please wear old clothes you are not afraid to soil or bring an apron. Instructor: Parks & Rec. Staff

Ages 5-8yrs	Thursday	4:00-4:45pm	Parks & Rec. Office	\$50	6 weeks	Course Code# FI0015
Session I	September 10 – October 15, 2020					Course Code# FII0015
Session II	October 29 – December 10, 2020 (NO 11/26)					



### YOUTH HOLIDAY CENTERPIECE/GARLAND WORKSHOP

Learn to make a playful centerpiece or garland from real greens and a mix of artificial flowers, greens, holiday décor, ornaments, ribbon and more. This will make a great gift or use to decorate. Instructor: Mary Keirnan

Ages 8-12	Tues, Dec 15 <sup>th</sup>	4:00-5:00pm	Parks & Rec. Office	\$22	Course Code# FII0018
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## STORIES AND PUPPETS

Your preschooler will make stories come alive in this hands-on theater class! Every week, Ms. Valerie will read a new story and show the participants how to transform one of the characters from the story into a unique puppet. Each participant will make their own puppet, and the class will then perform an original adaptation of the story using the puppets they created. By the end of the session, everyone will have created six new puppets! Must be potty trained.

Instructor: Experiments in Theater Staff

Ages 3 ½ -5 yrs	Thursdays	Parks & Rec. Office	\$67	6 weeks
Session I September 10-October 15, 2020		9:30-10:30am	Course Code# FI0016	
Session I September 10-October 15, 2020		1:00-2:00pm	Course Code# FI0017	



## BROADWAY BABIES

An EG Parks and Rec favorite, Broadway Babies is perfect for young performers who love to sing, dance and imitate the stars of stage and screen! Participants will be introduced to primary singing techniques like proper breathing, vocal exercises and stage presence and everyone will learn and perform one or more Broadway songs. Must be potty trained.

Instructor: Experiments in Theater Staff

Ages 3 ½ -5 yrs	Thursdays	Parks & Rec. Office	\$67	6 weeks
Session II October 29 – December 10 (no class 11/26)		9:30-10:30am	Course Code# FII0016	
Session II October 29 – December 10 (no class 11/26)		1:00-2:00pm	Course Code# FII0017	



## SCENES FROM 1980'S FILMS

In this class, participants will have the opportunity to perform a scene from a well known, age appropriate, 1980's film such as *Space Camp*, *The Goonies*, *Back to the Future*, *The Princess Bride*, *E.T.* or *the Muppet Movie*. Actors will receive a copy of their scene, a character assignment, acting instruction, direction and will be expected to work in pairs or trios to rehearse their scene during class. All scenes will be memorized and performed at a final class. Instructor: Experiments in Theater Staff

Ages 6-11 yrs	Wednesdays	4:00-5:30pm	Swift Community Cnt	\$92	6 weeks
Session I September 9-October 14, 2020				Course Code# FI0023	



## NOTHING BUT LAUGHS

Improvisation, imitation & acting technique converge in this new class for young performers who are looking to laugh. Every week, Ms. Valerie will share a recording of a different comic performer or comedic style that students will watch and discuss as a group. Through various improv exercises and acting techniques, participants will practice what they observed. Instructor: Experiments in Theater Staff

Ages 6-11 yrs	Wednesdays	4:00-5:30pm	Swift Community Cnt	\$92	6 weeks
Session II October 28- December 9, 2020 (NO 11/11)				Course Code# FII00	



## SAFE AT HOME WORKSHOP

This class is designed for children 8 to 12 to learn safe steps for around the home. Come learn how to be responsible and safe in any situation. Class covers family communication, internet, phone and door safety as well as fire safety. The class works in conjunction with the EG Police and Fire Departments. Instructor: Chelas Poirier

Ages 8-12	Wed., November 25, 2020	9-11:00am	Park & Rec Office	\$12	Course Code# FII0021
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## EG BABYSITTER'S CLASS

This four day program is designed to teach new sitters and refresh present sitters on safe sitting techniques and qualities that make up a good sitter. Youths will be certified in CPR and First Aid as part of this course. This class is also valuable for children home alone after school or in the evening. Certificates will be awarded to those completing the four-day course. The class works in conjunction with the EG Police and Fire Departments. Instructor: Chelas Poirier

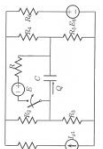
Ages 10 & up	Tuesday, 10/27, 11/10, 11/17	4:00-5:30pm	\$97	Course Code# FI0025
	Tuesday, 11/ 3	9:00-12:30pm	Parks & Rec. Office	



## CIRCUIT MAKERS 101

In this hands-on electronics class, students will gain experience with creating their own electronics; designing custom light-up greeting cards, electric games, mazes, and even musical instruments. Each class day consists of a circuitry lesson using components like lights, buzzers, switches, motors, & sensors. Instructor: Circuit Lab Staff

Grades K-2	Mondays	4:00-5:00pm	Parks & Rec. Office	\$115	6 weeks
Session I September 14 – November 2, 2020 (NO 9/28, 10/12)				Course Code# FI0018	



## **HANDS ON ELECTRONICS**

Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry, and step up to projects where our class of young makers will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming. Each class day gives participants the chance to design a hands-on project. Instructors: Circuit Lab Staff

Grades 3-5                      Tuesdays                      4:00-5:00pm                      Parks & Rec. Office                      \$115                      6 weeks  
Session I September 15 – October 20, 2020                      Course Code# FI0019



## **FAMILY MINUTE IT TO WIN IT – GAME NIGHT**

Come enjoy a fun night of games and laughter! Test your skills with a variety of fun minute it to win it challenges. Families will work together as a team to beat the clock for a chance to be crowned the Ultimate Minute It To Win It Champions. Teams will practice social distancing. Instructor: Recreation Staff



Ages 5-12 w/ parent                      Friday, November 6, 2020                      6:30-8:00pm                      Swift Comm. Center                      \$20/family                      Course Code# FII0022