
Youth Athletics & Fitness

SQUEAKY SNEAKERS

This popular class offers lots of running around, following directions, developing fine and gross motor skills, and playing cooperatively. Activities include games, songs, parachute games and many more. Moms and Dads can join the fun or use the program to help with transitional learning – child independence! Instructor: Program designed and taught by Teamworks Staff.

Ages 2–3½ yrs. Tuesdays 9:30-10:15am Swift Gym \$65 6 weeks



Session I September 20– October 25, 2016
Course Code# FI0001

Session II November 1 – December 13, 2016 (No 11/8)
Course Code# FII0001



ALL SPORTS

Fun dynamic sports program! Class is designed to focus on motor skills, basic sport/activity skills, developing social skills, increasing self-esteem and having FUN! A different sport/activity is featured each week. Soccer, hockey, & t-ball to name a few of the different sports that will be the focus. Instructor: Program designed and taught by Teamworks Staff.

Ages 3-5 yrs. Tuesdays 10:30-11:30am Swift Gym \$65 6 weeks



Session I September 20– October 25, 2016
Course Code# FI0002

Session II November 1 – December 13, 2016 (No 11/8)
Course Code# FII0002

PARENT CHILD FITNESS

Come get in shape and work out with your little ones! Conditioning and strength exercises that you can do with your children. The 1-3 year old class is a parent participation class. Instructor: Aim High Academy Staff

Ages 1-3 yrs.w/parent Thursdays 9:05-9:35am Swift Gym



Session I September 15 – October 20, 2016
Course Code# FI0003

Session II November 3– December 15 (no class 11/24)
Course Code# FII0003

GYM AND LEARN

Start your youngster out with a playgroup that focuses on combining gymnastics with education. This class will also help your child improve their social and emotional growth by forming positive relationships and raising self-esteem. This Gym and Learn class will include gymnastics, storytelling and a craft. Instructor: Aim High Staff

Ages 2-3 yrs. Thursdays 9:45-10:30am Swift Gym



Session I September 15 – October 20, 2016
Course Code# FI0004

Session II November 3– December 15 (no class 11/24)
Course Code# FII0004

SKATEBOARDING LESSONS

Teamworks', will be offering beginner skateboarding lessons to youths after school this fall. Come and learn skateboarding skills and safety. All participants must have a skateboard and skate shoes. A helmet is required and must be worn- knee, elbow and wrist pads are highly recommended. Instructor: Teamworks' Staff

Ages 8-12 Tuesdays 4:00-5:00pm EG Skate Park \$50 5 weeks



Session I September 20– October 18, 2016

Course Code# FI0007



YOUTH TENNIS LESSONS

\$50 5 weeks

Come learn coordination, ball control, movement, footwork, forehand, backhand, serving and volleying. You must have your own age appropriate racquet and wear sneakers. Enjoy the refurbished courts, funded in part with a grant from USTA. Instructor: Coastal Quick Tennis Staff

Ages 6-8 yrs	Mondays	4:00-5:00pm	Frenchtown Courts	Course Code# FI0008
Ages 9-12 yrs	Mondays	5:00-6:00pm	Frenchtown Courts	Course Code# FI0009



Session I September 12 – October 24, 2016 (No class 10/03, 10/10)

BORROW A CLUB PROGRAM:

Through a grant program with USGA, the Parks & Recreation Department has available youth golf club sets to borrow for a day. This is a great chance to introduce a youngster to the game that can be played for a lifetime. A parent must sign out the clubs and leave a \$50 deposit in the form of a check. When the clubs are returned the deposit is returned. Right handed clubs sized for youth 6-8 years, 9-11 years (one left handed set available) and 11 years & up are available. Call the office to reserve a set, fill out the reservation paperwork, leave your deposit and off you go. Check out the local links-East Greenwich Country Club, Goddard Park Golf Course, North Kingstown Municipal Golf Course, Mulligan's Island, Button Hole, and so many more.



Youth Arts & Learning

WHAT'S OUT THERE?- Nature Exploration

Course Code# FI0012

Take a nature adventure with the RI Audubon Society staff. Each week your child will explore all that nature has to offer right in Frenchtown Park. There is so much to discover. The class will meet outdoors each week, (in the event of inclement weather the class will move inside) so come dressed for the weather with sturdy shoes. Instructor: Laura Carberry

Ages 3-5	Thursdays	1:30-2:15pm	Parks & Rec. Office	\$60	6 weeks
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Session I September 15– October 20, 2016

OCEAN EXPLORERS-Biomes Marine Center

Does your child love learning about ocean life? The Ocean Explorers class is a great way for young children to learn about their favorite creatures in a fun, engaging program designed just for them. Classes are held at the North Kingstown Biomes Marine Center and include games, dramatic play, art activities and animal interaction. *The child's parent must stay on site during the class, although direct participation is not required.* Instructor: Biomes Marine Center Staff

Ages 3-5	Wednesdays	10:00-11:00am	Biomes Marine Center	\$60	6 weeks
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Session I September 7 – October 19, 2016 (No 10/12)	Session II November 2 – December 7, 2016
Course Code #FI0006	Course Code #FII0006

THE DRAMA GAMES

Course Code# FI0013

The Drama Games is a fun theater experience in which kids take part in a variety of improvisational games and tasks that are designed to strengthen concentration, creativity and collaboration. Participants take part in a final showcase for family and friends on the last day of class. Instructor: Valerie Remillard Myette

Ages 3½ -6	Wednesdays	1:00-2:00pm	Parks & Rec. Office	\$60	6 weeks
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Session I September 14- October 26, 2016 (No class 10/12)

10-MINUTE PLAYS

Course Code# FII0013

If you're looking for a short-term, low-maintenance activity that will still provide an authentic theater experience for your child, this class is for you! Plays will be selected based upon the number of participants. Every child will get a speaking part in one or more 10 minute plays that will be performed for family and friends on the last day of class.

Instructor: Valerie Remillard Myette

Ages 3½-6 Wednesdays 1:00-2:00pm Parks & Rec. Office \$60 6 weeks



Session II November 9 – December 14, 2016

MESSY CRAFTS

Course Code# FI0015

Spend the afternoon creating art projects. Get your creative juices flowing as you glue, paint, cut, sculpt and more. Great for practicing fine motor skills and inspiring creativity. Please wear old clothes you are not afraid to soil or bring an apron. Parent participation is not required-**no siblings** due to the nature of the program & the class size, unless they are non-walkers in a carrier/backpack. Instructor: Tom Thornton

Ages 3-5 Mondays 1:30-2:15pm Parks & Rec. Office \$40 8 weeks



Session I September 19– November 21, 2016 (no 10/3, 10/10)

FAMILY MUSIC TIME

This Family Music Class will revisit favorite nursery rhymes and songs in a way that children of all ages can relate and enjoy. The songs capture the magic of rhyming speech which lends itself to movement/play acting games. Language skills are developed and the child's imagination is sparked in a nurturing environment and fun for all! Come prepared to sing and dance with your child(ren) and have some fun! Parent participation is required. Instructor: The Music School Staff-Beth Nichols

Ages 1-5 Wednesdays 9:15-10:00am Parks & Rec Office \$65/family 6 weeks



Session I September 7 – October 19, 2016 (no 10/12) Session II November 2 – December 7, 2016
Course Code# FI0016 Course Code# FII0016

POKÉMON™ GO IN THE PARK

Come on out and play the popular Pokémon™ Go game as we take you to parks and facilities in the East Greenwich vicinity as you try and catch pocket monsters at different Pokéstops on the Town bus. Wear your sneakers as we head out on park trails, to public buildings, and other hot spots and gyms. Sign up by the day or for all three dates. The bus route will be similar each week. Participants must have their own phone with the game already downloaded and ready to go. No technical support will be available on the day of the trip. The Town is not responsible for any costs associated with participants' phone data plans. **LIMITED ENROLLMENT** Supervisor: Tom Thornton

Ages 9-14 Mondays 4:00-5:30pm Parks & Rec. Office \$5/day

Session I Monday, September 12, 2016 Course Code# FI0060
Session II Monday, September 19, 2016 Course Code# FI0061
Session III Monday, September 26, 2016 Course Code# FI0062



EG BABYSITTER'S CLASS

Course Code# FI0018

This four day program is designed to teach new sitters and refresh present sitters on safe sitting techniques and qualities that make up a good sitter. Youths will be certified in CPR and First Aid as part of this course. This class is also valuable for children home alone after school or in the evening. Certificates will be awarded to those completing the four day course. The class works in conjunction with the EG Police and Fire Departments. Instructor: Tom Thornton

Ages 10 & up Tuesday, September 13th 9am-1pm (bring a bag lunch) Parks & Rec Office \$65
& Tuesdays, September 20 – October 4 3:45-5:15pm



MY FIRST STITCHES-Kids Can Sew

8 weeks

Fee: \$110

The Kids Can Sew program is designed to teach youth by using easy to understand patterns that gives beginners the foundation of pattern layout and sewing techniques from basic to advanced level. All materials are included. Students may purchase a pattern kit for \$30 from the instructor-this is optional. Students from prior classes with a kit could use the same packet and will work on a couple of different projects. Limited class size so sign up early.

Instructor: Mangala Gunaratne

Grades 2-4	Tuesdays	4-5:00pm	Parks&Rec Office	Course Code #: FI0010
Grades 5-8	Thursdays	4-5:00pm	Parks&Rec Office	Course Code #: FI0011



Session I October 11, 2016 – December 8, 2016 (no class 11/8, 11/24)

PARTY WITH US

New this season we are offering birthday party packages! Come celebrate your special day at Swift Gym. Choose from the themes below to make your day extra special. Pricing includes facility rental, a party activity facilitator, activity supplies, set up and break down. Parents are responsible for cake, food, utensils, paper products and favors. A three hour block will be set aside for each party- ½ hour for set up, 1 hour for activity with the party facilitator, 1 hour for refreshments and presents, ½ hour for break down. Date and times are subject to Swift Gym’s and the facilitator’s schedules so call well in advance (minimum of 2 weeks’ notice) to reserve your party. *To register for a Swift Gym Party Package call the office with your requested date and time and someone will get back to you.* Check the Town website (www.eastgreenwichri.com) for the party package information sheet for further details & descriptions of party themes.

Days: Saturdays	Times: (earliest time 11am)	Maximum of 15 party children
Games-Games-Games	Ages 6-12 years	\$155.00
Crafty Creations	Ages 6-12 years	\$250.00
Preschool Party	Ages 3-5 years	\$155.00



Community Events

SUMMER’S END CONCERT

Friday, September 2, 2016 Eldredge Field-101 First Ave.

SAFO presents the Navy Band Northeast. Additional information is available on the group’s website

www.egsummersend.org (Rain date: 9/03/16)

4:00pm Gates Open

5:30pm East Greenwich High School Jazz Band

6:00pm Dana Wronski and David Jakobsen

6:30pm Harold Ambler

7:00pm Bianca Sings

7:30pm Navy Band Northeast



HALLOWEEN PARADE & PARTY

Saturday, October 29, 2016 Town Hall-125 Main St.

Watch the town’s website and the local papers for additional details as the date approaches.



Pick-up Athletic Nights

Teen players must pre-register to ensure that players are from East Greenwich and to have emergency information on all participants. Come to the gym and play recreational games of basketball. No referees, no standings, just honor calls and sportsmanship. Different teams are formed each week.

SESSION I September 7 – December 21, 2016 (no 10/12) *Pre-registration required.*

HIGH SCHOOL PICK UP BASKETBALL

HS Students

Wednesdays 8:00-10pm

HS Gym

FREE

Course Code# FI0041

