



June 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|---|---|
| CALL ROBERTA TO MAKE AN APPT. IF YOU NEED TRANSPORTATION 886-8669 EXT. 3 SEATING IS LIMITED | | 1 9:30 AM STRETCH & TONE PM - DR. APPT'S BOXED LUNCHES | 2 8:45AM STOP & SHOP 10:40 STRETCH &TONE 12:30 PM CHAIR YOGA LUNCH BUNCH BOXED LUNCHES | 3 1:15 PM DAVES EG BOXED LUNCHES | 4 10:30 AM CIRCUIT FITNESS 1:15PM- CHRISTMAS TREE & FIVE BELOW BOXED LUNCHES | 5 SCHEDULE IS SUBJECT TO CHANGE |
| 6 RIDES TO GROCERY, PHARMACY, AND DOCTOR'S ARE BY APPOINTMENT ONLY WITH 48 HOURS NOTICE | 7 AM- DR. APPT'S LUNCH BUNCH BOXED LUNCHES | 8 9:30 AM STRETCH & TONE PM - DR. APPT'S BOXED LUNCHES | 9 8:45AM PHILOSOPHY & STOP & SHOP 10:40 STRETCH &TONE 12:30 PM CHAIR YOGA LUNCH BUNCH BOXED LUNCHES | 10 1:15 PM WALMART NK BOXED LUNCHES | 11 9AM FARMER'S MARKET BOXED LUNCHES | 12 -Boxed lunches are available. Please call the office by Wednesday of the week before. 886-8669 EXT. 1 |
| 13 | 14 AM -DR. APPT'S BINGO LUNCH BUNCH BOXED LUNCHES | 15 9:30 AM STRETCH & TONE PM - DR. APPT'S BOXED LUNCHES | 16 8:45AM STOP & SHOP 10:40 STRETCH &TONE 12:30PM CHAIR YOGA LUNCH BUNCH BOXED LUNCHES | 17 1:15 PM ALDI'S BOXED LUNCHES | 18 12 PM LIGHTHOUSE TRIP BOXED LUNCHES | 19 |
| 20 | 21 AM- DR. APPT'S BINGO LUNCH BUNCH BOXED LUNCHES | 22 9:30 AM STRETCH & TONE PM -DR. APPT'S BOXED LUNCHES | 23 8:45AM PHILOSOPHY & STOP & SHOP 10:40 STRETCH &TONE 12:30PM CHAIR YOGA LUNCH BUNCH BOXED LUNCHES | 24 1:15 PM MARKET BASKET BOXED LUNCHES | 25 10:30 AM CIRCUIT FITNESS 12:00 PM RI MALL & FOOD COURT BOXED LUNCHES | 26 |
| 27 | 28 9:45 AM SAC BINGO LUNCH BUNCH BOXED LUNCHES | 29 9:30 AM STRETCH & TONE PM -DR. APPT'S BOXED LUNCHES | 30 8:45 AM STOP & SHOP 10:40 STRETCH &TONE 12:30PM CHAIR YOGA LUNCH BUNCH BOXED LUNCHES | | | |